

I am a PhD student at the University of Waikato undertaking a national study titled When to stop driving? An exploration into driving cessation decision-making among people with cognitive impairment.

This research started in 2023 and I am currently recruiting **families, whānau and carers** who are supporting an older person with memory loss or cognitive impairment who is either still driving or has recently stopped driving. Participation involves completing a short online survey, which takes approximately 15–20 minutes.

I would be very grateful if your organisation could support recruitment by sharing the study flyer and survey link through any relevant newsletters, mailing lists, networks, community contacts or social media channels. This is currently being executed through the networks of Dementia New Zealand, Carers New Zealand, New Zealand Association of Gerontology, HOPE Foundation for Research on Ageing and more organisations.

This study aims to better understand how families and carers experience decisions about driving cessation, and how support around this difficult transition could be improved.

I have attached an approved flyer for your reference and looking forward to a wider participation from across New Zealand. Your assistance would be extremely valuable in helping the research reach families and carers who may have relevant experiences to share.

If there are possibilities to support the survey distribution, I will be happy to provide further details including the participant information sheet and survey link for circulation.

Thank you for considering this request.

Ngā mihi nui,

Kushalata Baral

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