

## **Are you taking 5 or more regular medicines?**

## **Have you been discharged from hospital within the last 3 to 4 months?**

## **Are you aged 60 or older?**

You may be eligible to take part in a University of Otago study.

We are a group of researchers from the University of Otago looking at patient experiences of managing their medicines after hospital discharge including obtaining the medicines prescribed and understanding any new medicines or changes that have been made.

We would like to talk to a range of people to see how the experience could be improved.

If you have recently been in hospital, we would like to invite you to take part in the study.

We are looking for people to talk to who are:

- Living in the Wellington Region (Wellington, Hutt Valley, Porirua, Kapiti, Wairarapa)
- Taking five or more regular prescribed medicines
- Recently discharged from hospital (over the past 3-4 months)
- Māori and Pacific patients aged 60 years and over, or their carers
- NZ European/Pakeha patients aged 70 years and over, or their carers

We would like to talk to you for 20-30 minutes, either in person, over the phone, or via Zoom, so that we can learn about your experiences with managing and understanding your medicines including any changes to your medicines after leaving hospital.

You will be given a grocery voucher valued at \$50 as a token of appreciation for your contribution.

If you are interested in being involved or would like to find out more, please contact Abby Dunlop at University of Otago at:

[abby.dunlop@otago.ac.nz](mailto:abby.dunlop@otago.ac.nz).

Thank you for considering participating.